



# DISCOVER YOURSELF DISCOVER YOUR FUTURE

Discovery Academy is a without walls day habilitation program that operates on the campus of Union College in Schenectady, NY.

Discovery Academy enables participants to experience life at college. Everything from academics to social situations are a part of the program.

Participants use two 45 minute class blocks during the day to work on a blended curriculum.

## **SPECIFIC NATURAL ACTIVITY PROGRAM (SNAP) CURRICULUM -**

Focusing on executive functioning and life skills this curriculum includes subjects such as independent living, community resources, leisure, and vocation planning.

## **ACADEMIC PREPAREDNESS FOR HIGH SCHOOL EQUIVALENCY-**

Participants can take the first step toward a better future. This course aligns with College and Career Readiness standards, you can study at your own pace for assessments in reading, writing, mathematics, science, and social studies. Students can work toward preparing to take the high school equivalency, TASC Test Assessing Secondary Completion™.

## **EMPLOYMENT OPTIONS**

While participating in the Discovery Academy participants will create a working knowledge of the many aspects of employment. Participants will explore different jobs and careers and research what those positions require. They learn a wide range of job skills such as going through the interview process, how to handle conflicts with supervisors and co-workers, etc. These job skills will be taught in both a classroom setting and by hands on experience in the community.

## **COMMUNITY CONNECTIONS -**

Outside of class and workshop times you can find the participants on campus or in the community, learning skills including but not limited to, how to use public transportation, identifying and using community resources or joining a music club. Participants also spend time with Union College students to eat lunch and participate in various workshops. The workshops take place at different locations around the campus and focus on a variety of topics such as physics lab, creative arts, and more.

### **Enrollment Information:**

This program is a day hab without walls. Participants must meet OPWDD eligibility requirements, waiver enrollment, and approval for day hab without walls environment. Transportation is provided from approximately 8:30 am -3:30 pm. If you do not have a Schenectady ARC Medicaid Service Coordinator you must contact Schenectady ARC Navigation Services at 518.372.1160 or [navigation@arcschenectady.org](mailto:navigation@arcschenectady.org) to arrange an enrollment interview.

### **For more information contact:**

Kelly Frazier  
Community Site Director  
Phone: (518) 688-3750  
Fax: (518) 688-9807  
[KellyF@ARCSchenectady.org](mailto:KellyF@ARCSchenectady.org)

[www.arcschenectady.org](http://www.arcschenectady.org)