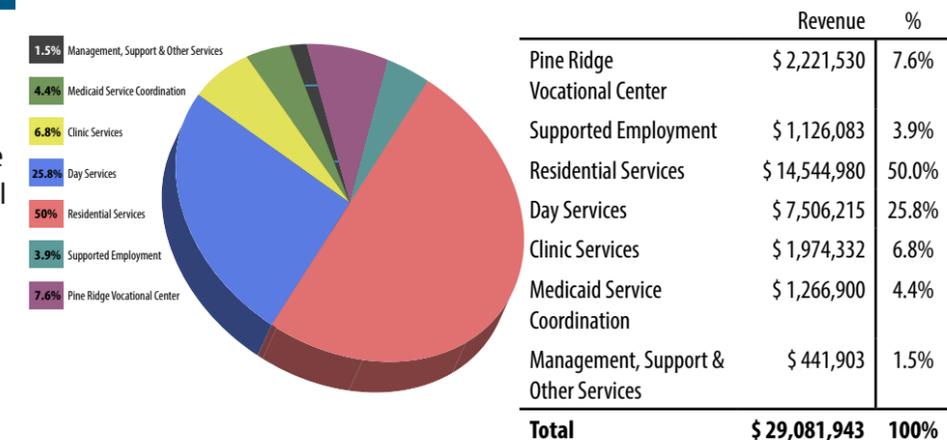
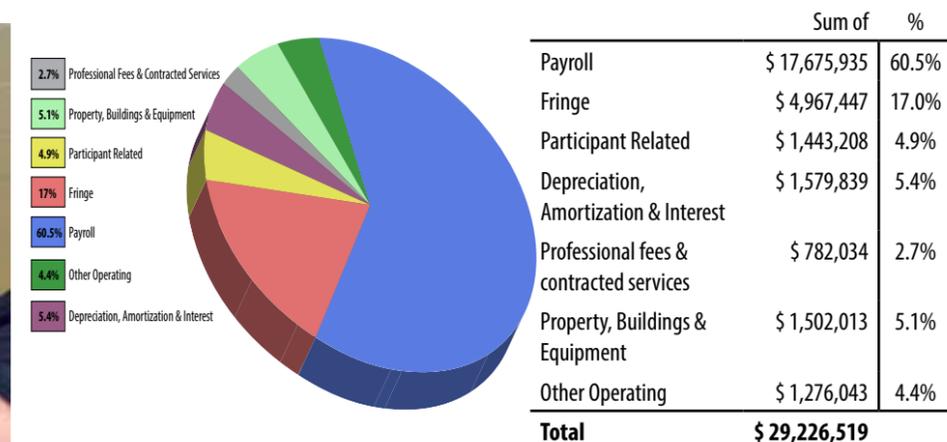


2013 Schenectady ARC Financials

Income by Program Services



Expenses by Category



Michael Hassel knows a thing or two about growth, whether it's growing houseplants, vegetables, or friendships. His passion for growth makes him a valuable asset to the *ARC horticulture project* at *Maple Ridge*, where he contributes ideas for efficiency as well as hands-in-the-dirt talent.

Michael's dedication extends to teaching others about successful vegetable farming, sharing his vegetables with housemates at his *Schenectady ARC residence*, and showing them healthy ways to improve their diets. You might say Michael has found a purpose in life, and the path is lined with vegetables!



Jeffrey Younes is a familiar face at Schenectady ARC, but you might not recognize him right away. Losing more than 100 pounds, Jeff transformed himself, and with his new sense of energy and wellbeing, found a new job, a new home, and a new lease on life. What didn't change about Jeff is his determination to improve his health, and his pride in doing just that with the support of Schenectady ARC *service coordination* and clinicians from *Ridge Health Services*. Now Jeff can truly enjoy life with a robust group of friends who often join him in Schenectady ARC's *CitiClub* activities, volunteering in the community, or "just chilling."



Melissa Muller - Life is a process of learning and growing, and if you are lucky, there's someone to help you along the way. Melissa Muller found just what she needed at Schenectady ARC, just when she needed it: a safe, comfortable home at *ARC's Lewis House*, friends to share it with, meaningful work at *Pine Ridge Industries*, productive days at *Life Prep*, and health education from *Ridge Health Services*. Those supports have helped Melissa rediscover how good life can be, and now she knows there's more to come. She's going to stay tuned for the next chapter, which looks pretty good so far.

Christopher Curren - In today's world, when so many young people count their friends on Facebook, Christopher Curren can count his real-life friends by the score. Those friends share his passion for baseball and basketball; in fact, Chris announces at his brother's baseball games, is a fixture at high school basketball games, and was even presented with a signed team shirt by the varsity basketball team. Attending the end of season sports' banquet capped off his standing as the #1 sports fan in his school district. How does Chris manage his busy life? Schenectady ARC helps by providing *Service Coordination* to ensure he meets the goals he values, and keeps him tied in with his community. While autism is part of his life, Chris meets its challenges every day, finding friends who can see beyond the disability to the exceptional and talented young man he is.



Julian Lilla - Searching for a job, Julian Lilla found a home at Café NOLA in Schenectady, where she is employed in the food service end of the business. You can find her in the restaurant kitchen, enjoying an easy rapport with the Chef/Owner, Kevin Brown, who gave her a chance to try out her chosen job goal using Schenectady ARC's *New Directions employment services* and a paid internship available under *ETP, the Employment Training Program*. Julian relies on *service coordination* and job coaching to help her navigate the challenges she faces as a person with a rare chromosomal condition.



Keith Mead - When working is as important to you as it is to Keith Mead, you can really appreciate the steps he has taken since beginning at ARC's *Life Prep* day program as a teenager: he moved to ARC's *Pine Ridge Industries* where he worked both in the work center and on the mobile landscaping crew; with the dedication and hard work he demonstrated on the crew, he was recently hired by Schenectady ARC as a full time member of the facilities' team. Now *New Directions Employment* supports are there to help him keep up the good work, as they say. Keith knows just what he wants, and by all indications, he's got it and he's going to keep it.



A Message from the Leadership



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Noreen Zido

Once again, we are very proud to present our Annual Report to our members, to the people we support, and to our friends and partners in Schenectady and beyond. The past year presented many challenges. Through the combined efforts of our Board and our outstanding employees, however, we have met those challenges and we have positioned ourselves to continue to be an advocate for, and provider of, the supports and services that people with intellectual and other developmental disabilities need to lead the lives they want to have.

Some of our biggest challenges come from the efforts of the State and Federal governments to reform Medicaid and shift services in New York into a managed care funding environment. These efforts have led to uncertainty, policy changes and three years of funding cuts.

In spite of these challenges, we are serving more people and providing more services than ever. Through many unique partnerships, we are offering new and different supports and opportunities with businesses, education organizations, government and other not-for-profits in Schenectady. Our staff and Board have stayed current with policy proposals and are involved with state-wide policy and advocacy groups at the highest levels. And we have engaged in a flexible, responsive strategic planning process that keeps the Board and the Agency aligned and focused on the issues that are of critical importance to our field.

The results of these efforts are impressive. As the stories in this year's report demonstrate, we continue to improve our ability to plan with individuals and find the right combination of supports and services that people want. We continue to find new partnerships and collaborations that create new opportunities for the people we support, even with budget cuts and program changes. And, we have finished the year with the best financial results that we have ever had in a year where we did not see any rate increases.

Thank you for being a member; we could not do everything we do without our Board of Directors, our members and the support of the community. Please visit our website if you would like to learn more, and we hope to see you at our events this year!

Respectfully,

Kirk Lewis
Executive Director

Angelo DeFelippo
President of the Board of Directors

Bella Stuart Honored as NYSARC, Inc. 2013 Volunteer of the Year



Bella Stuart | 2013 Volunteer of the Year

Bella has been an active partner and a driving force for Schenectady ARC. She is a tireless advocate and volunteer. Her extraordinary commitment to ensuring that individuals with developmental disabilities are able to live happy, healthy and enriched lives within their own communities, combined with her passion, have helped shape Schenectady ARC into one of the area's top providers for people with developmental disabilities.

Bella has served on the NYSARC Board of Governors since 1986. Over the years she has served on several committees, including the Governmental Affairs, Aging, and ARC Re-branding committees.

Bella has been a member of Schenectady ARC for 50 years. She has served on the Board of Directors since 1964 and has held almost every position in office, including 1st Treasurer, 2nd Treasurer, Secretary, 1st Vice President, 2nd Vice President and served three terms as Board President. Bella also served on the agency's Finance, Legislative, Membership, Residential, Aging, Strategic Planning, and Sexuality committees and held the position of Chair on the Support and Services and Vocational Rehabilitation committees.

Schenectady arc



SEE ABILITY, NOT DISABILITY.

Helping people achieve their dreams.

About Schenectady ARC

Schenectady ARC is a 501(c)(3) non profit organization. We are a chapter of NYSARC, Inc., and a Member of The Arc of the United States, Schenectady ARC is committed to helping people in the Capital Region enjoy healthy, rewarding lives as members of their community. Schenectady ARC brings staff, families, and community together to encourage dreams and respond to each person's life choices by offering high quality services, resources, and support.

Our Services

- Aging Services
- Autism Services
- Clinic Services
- Community Habilitation
- Community Employment
- Day Habilitation Services
- Employment Services
- Medicaid Service Coordination
- Prevocational Services
- Recreation Opportunities
- Residential Supports and Services
- Respite Services
- Transitional Services
- Transportation Services
- Vocational Services

Our Mission

Schenectady ARC is committed to helping people in the Capital Region enjoy healthy, rewarding lives as members of their community. Schenectady ARC brings staff, families, and the community together to encourage dreams and respond to each person's life choices by offering high quality services, resources, and supports.

Our Vision

Partnerships create the power for people with developmental disabilities to live, learn, work, and play as fulfilled members of society.

Member Support

As a friend of Schenectady ARC, you assist with ensuring our organization provides vital services in helping people with disabilities learn essential life skills, fulfill their personal goals, and reach their maximum potential.

Private donations are vital and allow us to fulfill our mission and ensure our ability to deliver quality services. Every donation counts. Visit arcschenectady.org for more information on donating to Schenectady ARC.

Upcoming Events at Schenectady ARC



2014 ARC Luau in the Park 6/20/14 5:30PM - 7:30PM
Schenectady | Central Park

A spectacular South Pacific evening of Music, Food and Ohana (Family) in a unique Hawaiian setting! Don't miss this opportunity to partner...



Schenectady ARC Fall Celebration - My Self, My World, My Dreams 11/13/14
6PM - 9PM
Scotia | The Glen Sanders Mansion

It's back the Schenectady ARC Fall Gala Celebration. This year we are celebrating Independence. Join us November 13, 2014 at Glen Sanders...



Schenectady ARC 5K Challenge 8/8/14 5:30PM - 8:30PM
Schenectady | Central Park

The ARC 5k Challenge was developed to raise awareness of Intellectual and other Developmental Disabilities within our community. The run...

To register for any of our upcoming events visit the Schenectady ARC website:

www.arcschenectady.org/events.html

or call the Public Relations Office at 518.372.1160.



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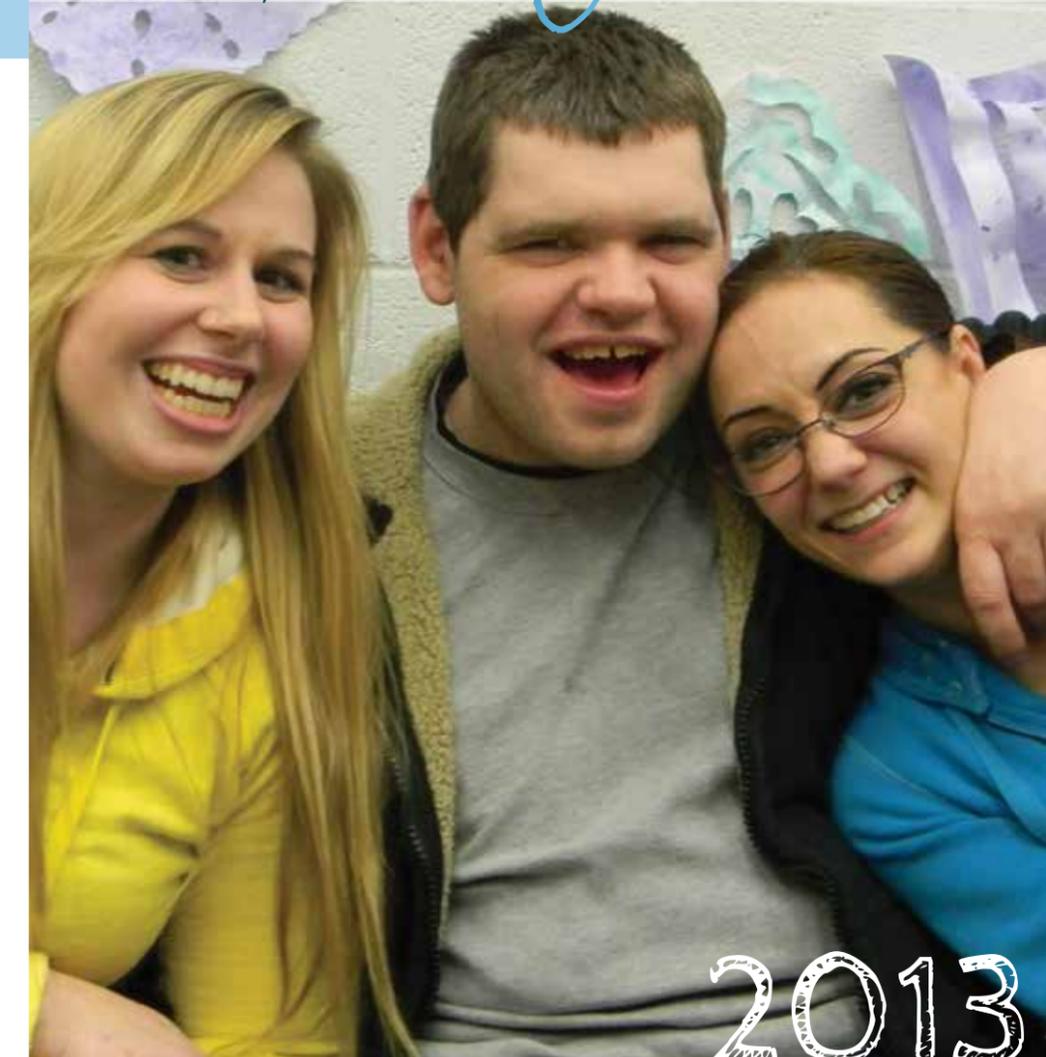
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2013 ANNUAL REPORT