



Schenectady arc UPDATE



See Abilities.
NOT DISABILITIES.

A publication of the Schenectady County Chapter, NYSARC, Inc.

ARC Celebrates Fall with 2nd Annual Silent Auction Event

Schenectady ARC will host our second annual Fall Celebration on November 12, 2013. The theme, "60th Anniversary, again, for a second time" will feature a tribute to Schenectady ARC's 60th year anniversary.

The annual event features a silent auction, raffle for a dream vacation and a selection of entree and dessert items from our host the Mallozzi Group.

Join us on Tuesday, November 12 for a night of competitive bidding, tasty morsels and a chance to travel to your dream destination.

in funding from Federal and State sources your support is increasingly paramount to our ability to continue providing high quality and essential programs and services to individuals with disabilities.

Tickets are \$75. For more information and to purchase, visit www.arcschenectady.org.

2013 EVENTS

12 NOVEMBER 2013

ARC Fall Celebration Fund-Raiser

[Reserve tickets online - arcschenectady.org](http://www.arcschenectady.org)

28-29 NOVEMBER 2013

CLOSED THANKSGIVING HOLIDAY

24-25 DECEMBER 2013

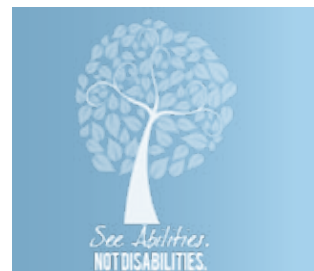
CLOSED CHRISTMAS HOLIDAY

Schenectady ARC hosts the Fall Celebration to raise funds and awareness of the programs and services offered to individuals with intellectual and other developmental disabilities. With the continuing decrease

Schenectady ARC
214 State Street
Schenectady, NY 12305
www.arcschenectady.org
518.372.1160



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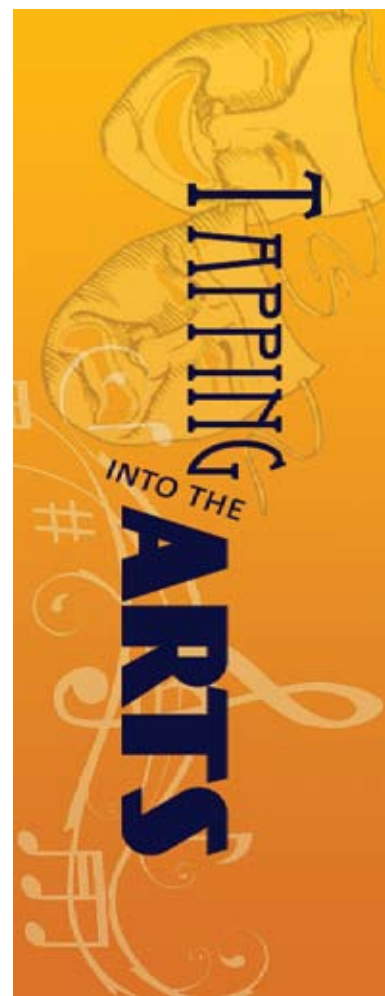
Tapping Into the Arts Kicks Off Fall Session

Tapping into the Arts is an innovative arts education program with a special focus on Schenectady County's active senior citizens, youth and individuals with intellectual and developmental disabilities. The program recently started the Fall session of mini series classes and one day sessions.

The program will offer Beginning Ballroom, Acting 101, Watercolors, Improvisational Theater, Art of Mixed Media, Gentle Yoga and more!

Tapping into the Arts aims to build upon the strength of Downtown Schenectady's emerging arts district to offer arts programming complementary to that already presented by Proctors, Schenectady Light Opera Company, and other arts entertainment and education organizations in Schenectady County.

To register or to receive more information on the program contact Courtney Shepherd at Courtneysh@arcschenectady.org or call 596-5289 or visit the main location at SLOC.



SCHENECTADY COUNTY CHAPTER ARC-

IS A CHAPTER OF NYSARC, INC. AND A MEMBER OF THE ARC OF THE UNITED STATES.

SCHENECTADY ARC IS COMMITTED TO HELPING PEOPLE IN THE CAPITAL REGION ENJOY HEALTHY, REWARDING LIVES AS MEMBERS OF THEIR COMMUNITY. SCHENECTADY ARC BRINGS STAFF, FAMILIES, AND COMMUNITY TOGETHER TO ENCOURAGE DREAMS AND RESPOND TO EACH PERSON'S LIFE CHOICES BY OFFERING HIGH QUALITY SERVICES, RESOURCES AND SUPPORT.



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5K Event Raises over 5K for Schenectady ARC Programs and Services

The atmosphere couldn't have been any more exciting as over 200 people turned out for Schenectady ARC's 3rd Annual 5K Challenge to race through Schenectady's beautiful Central Park toward a single mission: to bring friends, families and the community together to raise awareness, raise funds and most importantly make a difference in the lives of people living with disabilities in our community.

The event kicked off with a "Family Fun Run" geared towards beginner level runners and walkers and as the final fun run participants crossed the finish line, 5K Challenge athletes lined up to meet their challenge of the day. Whether you

were a spectator on or an athlete, the feeling was incredible to see so many people coming together in support of one common cause.

Post race awards were presented to top finishers of each age category. 1st Place Overall Female Runner was awarded to Jordan Casey while 1st Place Overall Male Runner was awarded to David Tromp. Schenectady ARC proudly stepped into the ranking 1st Place Team thanks to our team members Doug Secor, Bill Mulligan, Kirk M. Lewis, Kevin Betzweiser and Dillon Kopf.

This year's event was our most successful yet large in part of the tremendous support received from our sponsors and community partners: Rose & Kiernan, CDPHP, Trustco Bank, Price Chopper Golub Foundation, Wedekind, Adirondack Beverages, Pepsi Co., Hannaford, Bunzl USA, Glenville Mini Sportplex, 4 imprint, Police Academy Zone 5, Fleet Feet, Five Pines Photography, Gwenies Breakfast Wagon, The Schenectady Police Department and The City of Schenectady.

If you missed this year become a Fan of the ARC5K Challenge Facebook page to get update on the 2014 event.



With help from the NYSARC Trust Grant, ARC individuals are enjoying recreational opportunities at Victoria Acres Equine Facility.



On your marks! The ARC 5K Challenge took place August 9 with a record 240 participants. Photo courtesy of 5 Pines Photography

Grant Helps ARC Equine Partner Program

The Schenectady County Chapter of NYSARC Inc. is pleased to announce that the trustees of the NYSARC Trusts provided the Chapter with a \$6,000 grant to support an equine assisted recreational opportunity for Chapter consumers.

Schenectady ARC used this grant to begin a new program in collaboration with Victoria Acres Equine Facility, LLC. Participants in this program have been taught skills in general horse care, safety, respect and responsibility of working with and around horses, natural horsemanship, western riding, as well as barn and stable maintenance. The equine assisted learning model is built into the program and the horses are partners in building and producing tangible physical, psychological,

cognitive, social and educational benefits. The relationship that is built between the horses and the participants improves resilience, self-esteem, confidence and encourages improved communication and problem solving skills.

The NYSARC Trusts administer supplemental needs trusts that enable people who have disabilities to remain in their home and community and retain their Medicaid eligible services. The Trustees utilize remainder funds to benefit other persons with disabilities including unfunded Chapter guardianship programs provided by statute. In addition to the recreation grant, the Trustees awarded \$1,225,500 to support Chapter Guardianship programs. Information on how you may

benefit from a NYSARC Trust is available by calling 518-439-8323 or 1-800-735-8924 or at info@nysarctrustservices.org.

The partnership between Schenectady ARC and Victoria Acres Equine Facility, LLC has been an extreme success and we have received numerous requests to expand and continue the program. Schenectady ARC and Victoria Acres is seeking additional grant opportunities and is accepting donations to continue to offer this unique experience to individuals with intellectual and developmental disabilities. If you are interested in learning more please contact Jennifer Cole, Assistant Executive Director for Schenectady ARC at 377-2186 or Erin Pashley, Executive Director for Victoria Acres at 813-8805.

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National Direct Support Professionals Week 2013

Direct Support Professionals were celebrated throughout Schenectady ARC this September 8-14 as Schenectady ARC joined our Nation in honoring those individuals that provide essential supports and care to individuals with intellectual and other developmental disabilities enabling them to live happy, healthy and active lives growing and thriving in our community.

Festivities were scheduled throughout the entire week and including barbecue's, ice cream socials as well as prizes and giveaways. Many local businesses also joined in by offering employee discounts and special promotions throughout the week. All activities were just a small token of appreciation for the commitment and dedication of our caring and compassionate support staff, our DSP's.

Schenectady ARC would like to give a special thanks to those businesses that supported DSP Week 2013: miSci, 5th & 50 Pizzeria, Café Nola, Katz Kafe,

Homestyle Pizza and Rollarama Skating Center.



Celebration! Nearly all of our Residential Direct Support Professionals participated in a team building afternoon of trivia and a picnic lunch. The event was part of the DSP Week 2013 Celebration. It was held in Central Park, Schenectady.



Associate Executive Director Sue Pinto serves ice cream to DSP Mike Savage as part of the DSP Week 2013 Celebration.



HR Director Kelly Milkins draws a prize winner at Ridge Transportation as part of the DSP Week 2013 Celebration.



Applause for a colleague. DSP's at Pine Ridge Vocational Center celebrate DSP Week with the Executive Team.



Donations & Sponsorships

\$5

Five dollars can support a lifetime of opportunity.

Join the Schenectady ARC Membership and help bring opportunities to individuals with intellectual and other developmental disabilities. Your support really does help.

General Donations:

GE Foundation
Mr. & Mrs. Bradley Dusto
Mr. Mark Sheehan
United Way of the Greater Capital Region, Inc.

In support of "Tapping into the Arts" Program:

The Community Foundation for the Greater Capital Region

Give with Liberty Campaign:

Mr. Thomas P. Hughes
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GE United Way Giving Campaign:

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Bailey, Haskell & Lalonde Agency
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Membership Drive Donations:

Mr. James T. Mahar
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In Memory of Marlow Beis:

Ms. Charlotte Busone
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Mrs. Frances Gleason & Family
Mr. & Mrs. Guy Rizzuto
Mr. John Rosencrans
Mr. Vincenette Passanese
Seton Health & Schuyler Ridge
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In Memory of Nancy Chylinski:

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Ms. Arlene Bay
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5K Challenge & Family Mile Donations:

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60x2 Celebration Donations:

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You can donate as much or little as you want. Check it out: <http://fundly.com/schenectady-arc-holiday-appeal>

2013 Holiday Appeal Donation Form

YES! I am pleased to join the Schenectady ARC 2013 Holiday Appeal. To ensure that Schenectady ARC can continue to advocate for individuals with developmental disabilities I am returning my contribution of:

\$5 \$10 \$15 \$25 \$50 \$100 Other \$ _____

I would like to contribute online. Please go to www.arcschenectady.org to donate.

Please make your check payable to Schenectady ARC

Name _____

Address _____

City _____

State _____

Zip-code _____

Schenectady ARC will provide donors with a receipt, upon request, acknowledging your tax-deductible contribution.

Employee Matching Gift Programs

Schenectady ARC participates in several Corporate Matching programs. If you would like to have your company program linked to ARC contact the PR Office at 372.1160

These are the companies we receive matching gift donations from:

- Give with Liberty
- GE Foundation
- National Grid
- Verizon Foundation
- Pitney Bowes Employee Matching

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SUPPORT US

There are over 1,000 people who have intellectual or other developmental disabilities in Schenectady County – with new challenges every day we need your support to help each and every one of them live their lives to the fullest.

People like you enable each individual with a disability to get the supports and services they desire, making each option their choice for their lives.

- Donate today
- Leave us a gift in your will*
- Run or walk at the ARC 5K Challenge
- Fund-raise for us
- Involve your company
- Buy flowers from our horticulture program



There are so many ways you can support individuals with intellectual and other developmental disabilities to live with dignity and independence in their hometown.

First name

Last name

E-mail

Address

Town/city

State

Zip code

Telephone

Sponsorships are renewed on an annual basis from the date received.

\$5 \$10 \$25

\$50 (Corporate Friend Rate - Please select if you are a corporation)

I would like to support an individual \$

Please select any of the following conditions that apply in your support decision:

- You have a family member that receives services at Schenectady ARC
- You live in Schenectady County
- You work in Schenectady County
- Your corporate headquarters are in Schenectady County

Your support through this donation supports the programs and services of Schenectady ARC.

5 reasons why you should support Schenectady ARC

1. Schenectady ARC is a not-for-profit organization that was founded by parents in 1952 to meet the needs of children with intellectual and other developmental disabilities. We continue our mission today, serving over 1000 adults and children and their families, with services tailored to meet the needs, dreams and ambitions of the people we support.

2. Schenectady ARC offers a full range of supports and services, including vocational training, job coaching and employment support, day habilitation services, school to work transition programs, respite services, recreation programs, supported apartments, supervised houses, service coordination, and clinical services including primary medical care for adults.

3. Schenectady ARC employs more than 600 employees who are passionate and committed to their work and to the people Schenectady ARC supports. Our employees have voted Schenectady ARC one of the Capital Region's "Best Places To Work" for the last three years.

4. Schenectady ARC is a substantial part of the local economy; our annual budget of almost \$30 million dollars pays employee wages that are spent locally and for goods and services that are, for the most part, purchased locally. We are efficient—less than 9 cents of every dollar we receive goes to administration.

5. Schenectady ARC still depends on families and volunteers to set its policy and drive its mission. Our Board of Directors are all volunteers, at least half of whom must be family members of people with intellectual or other developmental disabilities. Volunteers staff our committees, help at our events and ensure that we remain true to our mission.

For more information on Schenectady ARC, our mission, membership and how you can get involved email info@arcschenectady.org



ARC Self Advocacy Program to help APF

Schenectady ARC's Self Advocates will once again participate in the Annual Animal Protective Foundation collection drive. Starting December 2nd, 2013 advocates will collect items and funds for the Animal Protective foundation located in Scotia, NY. Collection bins are available at the following ARC location: 214 State Street, Maple Ridge Day Center, 2999 Hamburg St., Princetown Ridge Day Center, 395 Becker Drive, and Ridge Transportation, 1400 B Dunsville Road. Donations of new dog collars, rubber toys, canned and dry foods, liquid laundry detergent, paper towels, cat litter and pet beds will be accepted.

Self Advocacy to Host Halloween Party October 30th



Meet the ARC Executive Team at the Self Advocacy First Annual Halloween Party, October 30, 2013 at 5:30 p.m.

Refreshments will be served and guests are asked to bring their favorite food or candy to share.

The night will be filled with games and activities. Costumes are encouraged!

This is a great opportunity to get out and meet people in the community. All are welcome!

RSVP to TrishS@arcschenectady.org by October 25.

Join Schenectady ARC Self Advocates for a



Potluck Dinner



5:30 to 7:00PM
December 11th

Where:
Schenectady ARC
214 State Street Schenectady, NY
In Rooms 233 and 235

Please RSVP to Trish Scott (TrishS@ARCSchenectady.org) with the dish you would like to bring by November 30th.

Please arrive by 5:30.
There will be holiday music and dancing!
Feel free to wear a festive attire.

Purchase tickets online at
<http://arc60x2.eventbrite.com>
 TICKETS ON SALE \$75 - \$100 AT THE DOOR

Join Schenectady ARC as we continue our 60th year celebration. Help us fundraise at our silent auction and raffle.

MALLOZZI'S RESTAURANT

TUESDAY, NOVEMBER 12, 2013
 5:30 TO 8:30 PM

60 *2
CELEBRATION
AGAIN!
 TUESDAY, NOVEMBER 12, 2013
 5:30 TO 8:30 PM
 MALLOZZI'S RESTAURANT



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